

2009-10 MIAC Women's Swimming & Diving Awards

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St. Paul, Minn. -- The 2009-10 Minnesota Intercollegiate Athletic Conference (MIAC) Swimming & Diving Championships came to a close on Saturday evening with the Gustavus women taking home the team title. Individual awards were presented on Saturday as well, below are the award winners.



As part of a conference-wide sportsmanship initiative, the MIAC selected the fourth annual All-MIAC Sportsmanship team for Women's Swimming & Diving. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.

*Women's Swimmer of the Year - **Becca Ney, St. Thomas***

- Ney (Jr., Plymouth, Minn./Wayzata) won three individual events for the third-place Tommies over the weekend. On Saturday, Ney finished in first place in the 100 yard freestyle with a NCAA A Qualifying time of 51.01. On Friday, she won the 200 yard free with a NCAA Selection time of 1:52.44. Her winning streak began on Thursday with a first-place in the 50 freestyle with NCAA A Qualifying time of 23.61. Ney also swam the anchor leg of the St. Thomas first-place 400 medley relay team on Thursday.

*Women's Diver of the Year - **Amy Glubzinski, Concordia***

- Glubzinski (Jr., Novi, Mich.) won the 3-meter diving competition and finished third in the 1-meter competition on Saturday. She won the 3-meter diving event with 386.60 points and totaled 366.00 on the 1-meter on Saturday.

*Women's Swimming Coach of the Year - **Jon Carlson, Gustavus***

- Carlson, in his 19th season at Gustavus, guided the Gusties to their third MIAC title in the last four years. Gustavus totaled 744 points as Carlson's swimmers tallied eight individual titles and four relay firsts during the three-day championships.

*Diving Coach of the Year - **Gabe Kortuem, St. Olaf & Carleton***

- Kortuem earned the MIAC Diving Coach of the Year honor for the fourth consecutive season. Kortuem coached Men's Diver of the Year Ian Straehly of St. Olaf to victories on the 1 and 3 meter boards. Additionally, Kortuem coached Carleton's Eric Brenner to a second place finish on the 1 meter and a third off the 3 meter. He also guided Carleton first-year Sydney Weydemeyer to third place in the women's 3 meter dive.

Women's Swimming & Diving All-MIAC Sportsmanship Team

Augsburg College - Julie Zollner (So., Shoreview, Minn./Mounds View)
Carleton College - Lynsey Bernfeld (Sr., Yakima, Wash./West Valley)
Concordia College - Katie Coleman (Jr., Marshall, Minn.)
Gustavus Adolphus College - Rachel Anderson (Sr., Coon Rapids, Minn./Blaine)
Hamline University - Angela Lesnak (Fy., Chisholm, Minn.)
Macalester College - Katherine Horstkotte (Sr., Winnetka, Ill./New Trier)
College of Saint Benedict - Ann Koller (Sr., St. Louis Park, Minn.)
St. Catherine University - Sarah Vrudny (So., Salida, Colo.)
Saint Mary's University - Linda Tierney (So., Cloquet, Minn.)
St. Olaf College - Katie Mangan (Jr., Northfield, Minn.)
University of St. Thomas - Sara Wappes (Sr., Cloquet, Minn.)

2009-10 MIAC Swimming & Diving Championships Website